Open Flanders SC: Session: 1: COACH evaluation sheet for TEAM: RSC

Coachinfo: Warming up from: 08:30 untill 09:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Vandorpe Aaron

Coaches: Vandepoorte Régy

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 1: 100M BUTTERFLY MEN — Heat:2, starttime: 10:02

Heat: 2/5 Lane : 1 Athlete: VAN DAELE DAAN — **Q-time: 01:00:83**

PB (25m pool): 01:00.83 Mons 27/06/2026 **PB (50m pool):** 01:05.35 **SB:** 01:01.99 EEKLO 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:27.46		01:00.83	
		00:27.46		*00:33.37*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 5: 100M BREASTSTROKE MEN — Heat:2, starttime: 10:34

Heat: 2/5 Lane : 1 Athlete: VANDORPE DANTE — **Q-time: 01:10:31**

PB (25m pool): 01:10.31 Sinbad 12/01/2025 **PB (50m pool):** 01:12.44 **SB:** 01:10.81 EEKLO 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:33.08		01:10.31	
		00:33.08		*00:37.23*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 6: 50M BREASTSTROKE WOMEN — Heat:3, starttime: 10:43

Heat: 3/4 Lane : 3 Athlete: VANDEPOORTE PAULINE — **Q-time: 00:33:30**

PB (25m pool): 00:33.30 Gent 09/11/2025 **PB (50m pool):** 00:33.71 **SB:** 00:34.64 EEKLO 04/10/2026

	25 M	50 M	
PB		00:33.30	
		00:33.30	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Open Flanders SC: Session: 1: COACH evaluation sheet for TEAM: RSC

Event number: 11: 100M MEDLEY MEN **Heat:2, starttime: 11:19**

Heat: 2/6 Lane : 2 Athlete: VAN DAELE DAAN **Q-time: 01:03:81**

PB (25m pool): **01:04.76** **Mons 23/11/2024** **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100M	
PB		00:30.63		01:04.76	
		00:30.63		*00:34.13*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback: